



Traverse City Central Girls' Basketball Freshman Team Overview

Defining our goals and core values: "We are Trojans"

- *Demonstrate a strong character foundation so that our team is prepared to achieve greatness and attain a positive life experience.*
- *Represent our community with class, positivity, dignity and respect*
- *Strive for excellence at home, in the classroom and on the court*
- *Exhibit courage, open communication, discipline, a positive attitude and personal responsibility*

S.U.C.C.E.S.S. is a Choice:

Basketball is a team sport that continuously tests individual character traits throughout a season. We will achieve success by choosing to work together, developing a strong character foundation and focusing on things we can control...all while becoming the best versions of ourselves.

What can our players control? What are some of the choices to be made?

Be a focused student	Be responsible
Be a great teammate	Commit to developing fundamentals
Be coachable	Develop physical strength and quickness
Be on time and prepared	Accept role on team
Be respectful	Communicate with teammates
Be unselfish	Look in the mirror first
Demonstrate reliability	Step outside comfort zone
Be determined and mentally tough	Give great energy, effort and desire

Our team will be building a team chain throughout the season. It will start off simply as links of individual names only as strong as its weakest link. By the end of the season, my goal is to be carrying a team chain held together by confident young ladies choosing to be great teammates because of the choices they made.